

*Ignore the outward form of things. Do not concern yourself with the names people give to things. The form of things is a gate; the name of a thing is like a title inscribed on the gate. Pass through the gate into the meaning within.*

Jelaluddin Rumi (1207-1273)<sup>1</sup>

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<sup>1</sup> *Rumi in a Nutshell*, Robert Van der Meyer, Hodder and Stoughton, 1998, p23