

DANCING ON ICE

For everyone to participate

At

JOHN NIKE LEISURE SPORT BRISTOL ICE ARENA

Sunday 24th October 2010

8:00am to 9:00am

Organised by Bristol Ice Skating Club

At this seminar you will learn basic ice dance skating movements and a simple dance.

To get the most benefit from this seminar you should be capable of achieving a UK Skate level 4 grade.

If you are not sure what grade you have please ask the coaches running your Learn to Skate course.

Members and Non Members are all welcome to attend.

The cost is the normal 1 hour patch price payable in advance at the box office.

The Seminar will be followed by the regular Sunday morning Dance Club from 9:00am to 10:00am with simple dances in the first half hour.

Cost 1 hour patch price or, alternatively, pay club patch price to skate from 8:00am to 9:30am.