

Prize for the best
fancy dressed runner

The 2014 Trowbridge 10K

*Multi-Terrain Course of approximately 10K.
[2 laps of the Southwick Country Park]
Race operated under ARC rules & run in
association with Avon Valley Runners*

Start @ 11.00am

IN AID OF

DOROTHY
HOUSE
Hospice Care



Registered Charity No. 275745

Use this event to
raise money for
Dorothy House or
your own charity

Sunday 6th April 2014

Start and Finish: Studley Green School,
Westfield Rd, Trowbridge. BA14 9JQ

Entry forms, Sponsorship forms and Maps are available online
www.trowbridgelions.org/10k.html

For further information contact Lion Andy Thompson

☎ 01373 827758 📧 andythompson@trowbridgelions.org



PLEASE RETURN THIS COMPLETED ENTRY FORM WITH YOUR ENTRY FEE

Name: _____

Address: _____



E-mail: _____

Running Club: _____

(must be stated for UK Athletics affiliated fee)

Gender: Male / Female (Delete as appropriate)

Category: Under 40 / Over 40 / Over 50 (Delete as appropriate)

Signed: _____

Entry Fee: £10 (£12 on the day)

£8 (£10 on the day) [UK Athletics affiliated members]

Please make cheques payable to: "The Lions Club of Trowbridge"

All entries will be acknowledged by e-mail only (please give address above)

Race numbers will be issued from the school on the morning of the race and should be collected before 10.45am.

Please enter me for the above event. I am medically fit to take part and understand that I enter at my own risk. I acknowledge that I am over 17 years (on race day) and that the organisers will not in any way be held responsible for any injury or illness or loss of property during, or as a result of the event.

Send your entry form for pre-race registration (discount) by Friday 28th March to:

Andy Thompson, 4 The Village Green,
Heywood, Westbury BA13 4JZ
✉ andythompson@trowbridgelions.org

