

Prize for the best
fancy dressed runner

The 2012 Trowbridge 10K

*Multi-Terrain Course of approximately 10K.
[2 laps of the Southwick Country Park]
Race operated under ARC rules & run in
association with Avon Valley Runners*

Start @ 11.00am



Use this event to raise
money for the Bath
Cancer Support Group or
your own charity

Sunday 1st April 2012

Start and Finish: Studley Green School,
Westfield Rd, Trowbridge. BA14 9JQ

Entry forms, Sponsorship forms and Maps are available online
www.trowbridgelions.org/10k.html

For further information contact Lion Andy Thompson

☎ 01373 827758 📧 andythompson@trowbridgelions.org



PLEASE RETURN THIS COMPLETED ENTRY FORM WITH YOUR ENTRY FEE

Name: _____

Address: _____

E-mail: _____

Running Club: _____

(must be stated for UK Athletics affiliated fee)

Gender: Male / Female (Delete as appropriate)

Category: Under 40 / Over 40 / Over 50 (Delete as appropriate)

Signed: _____



Entry Fee: £10 (£12 on the day)

£8 (£10 on the day) [UK Athletics affiliated members]

Please make cheques payable to: "The Lions Club of Trowbridge"

*All entries will be acknowledged by e-mail only (please give address above)
Race numbers will be issued from the school on the morning of the race
and should be collected before 10.45am.*

*Please enter me for the above event. I am medically fit to take part and
understand that I enter at my own risk. I acknowledge that I am over 17
years (on race day) and that the organisers will not in any way be held
responsible for any injury or illness or loss of property during, or as a result
of the event.*

Send your entry form for pre-race registration (discount) by Sunday 25th March to:

Andy Thompson, 4 The Village Green,
Heywood, Westbury BA13 4JZ
✉ andythompson@trowbridgelions.org

